

16

6270

Third Basic B.Sc. Nursing Examination, Summer 2018
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks :

SECTION – A & SECTION – B

- Instructions :**
- 1) Use **blue/black ball point pen only.**
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are **compulsory**.
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

SECTION – A (40 Marks)

1. Short answer question (**any five out of six**) : (5x5=25)
 - a) Nursing care Plan for client with victim of violence and abuse.
 - b) Mental Health Team.
 - c) Defense Mechanisms.
 - d) Classification of mental Disorders.
 - e) Mini Mental Status Examination.
 - f) Preparation for EEG Investigation.
2. Long answer question (**any one out of two**) : (1x15=15)
 - a) Define stress and stressors. Write types of stress. Explain principles and technique to relieve stress.
 - b) Define Dissociate disorders and Write types of Dissociate disorder. Write Nursing Process on client with Dissociate disorders.

SECTION – B (35 Marks)

3. Short answer question (any four out of five) : (4×5=20)

- Phases of Therapeutic Communication.
- Lithium therapy.
- Occupation Therapy.
- Types of Schizophrenia.
- Classification of depression.

4. Long answer question (any one out of two) : (1×15=15)

- Define Sexual disorders and Explain types of sexual disorders. Write care plan on client with gender identity disorders.
- Define Mental Health Act and Explain Rights of Mentally ill client. Explain Forensic Psychiatric.

(Ans 10) A – MGT 018



62703

Third Basic B.Sc. Nursing Examination, Winter 2017 MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

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 - 7) Use a common answerbook for all sections.

SECTION – A (40 Marks)

1. Short answer question (any five out of six) : (5x5=25)
 - a) Explain important features of Indian mental health act 1987.
 - b) Approaches of psychiatric rehabilitation.
 - c) Management of extra pyramidal side effects.
 - d) Principles of psychiatric nursing.
 - e) Classification of psychoactive substances abused commonly.
 - f) Behavioural therapy.
2. Long answer question (any one out of two) : (1x15=15)
 - a) Enumerate the types of schizophrenia & Explain etiology and psychopathology of schizophrenia. Explain pharmacological and nursing management for adolescent boy with acute schizophrenia.
 - b) Explain the diagnostic criteria of bi-polar mood disorder. Explain clinical features with respective psychopathology of mania. Explain comprehensive nursing management for patient with mania.



SECTION - B (35 Marks)

3. Short answer question (any four out of five) : (4x5=20)

- a) Anorexia nervosa.
- b) Obsessive compulsive disorder.
- c) Types of phobia.
- d) Antidepressant drugs.
- e) Psychoeducation.

4. Long answer question (any one out of two) : (1x15=15)

- a) State the scope and importance of community psychiatric nursing. Compare institutionalization versus deinstitutionalization of mentally ill patient in terms of Indian scenario. Discuss levels of prevention in regards with substance abuse disorder.
- b) Explain the etiology and clinical features of A.D.H.D. Explain nursing role in management of mental sub-normality.

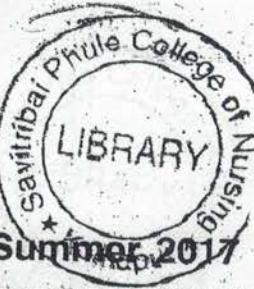
SECTION - A (40 Marks)

(2x20)

- a) What is a short term medication? (any two out of five)
- b) Explain the mechanism of action of psychotropic drugs.
- c) Differentiate between psychotropic and psychostimulant drugs.
- d) What is a common side effect of all psychotropic drugs?

(2x10)

- a) Explain the following (any one out of five)
 - i) Psychotic drugs
 - ii) Psychotic depression
 - iii) Psychotic reaction
 - iv) Psychotic schizophrenia
 - v) Psychotic depression



Third Basic B.Sc. Nursing Examination, Summer 2017

MENTAL HEALTH NURSING

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SECTION – "A" (40 Marks)

1. Short answer question (**any five out of six**) : (5x5=25)
 - a) National Mental Health Programme.
 - b) Principles of Mental Health Nursing.
 - c) Role of Nurse in psychological test.
 - d) Johari-Window.
 - e) Mental Health problems in Geriatrics.
 - f) Bipolar affective disorder.
2. Long answer question (**any one out of two**) : (1x15=15)
 - a) Define Generalized anxiety disorder. Explain types of anxiety disorders. Write Nursing care plan of client with Obsessive compulsive disorders.
 - b) Define Alcohol abuse. Psychological and physical dependence of alcohol. Write clinical features of alcohol dependence and withdrawal.



SECTION - "B" (35 Marks)

3. Short answer question (any four out of five):

(4x5=20)

- a) Follow up and home care of mentally challenged.
- b) Types of psychiatric emergencies.
- c) Forensic psychiatry
- d) Prevention of Mental disorders.
- e) Admission and discharge procedure of mentally ill.

4. Long answer question (any one out of two):

(1x15=15)

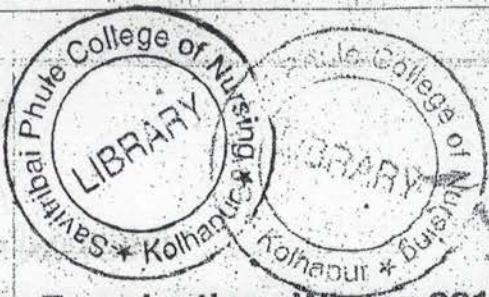
- a) Define mood disorder. Classification of mood disorder. Nursing care plan of client with Mania.
- b) Define organic brain disorder. Classification of organic brain disorder. Explain treatment modalities and nursing management of client with organic disorder.

SECTION - "A" (40 Marks)

(40x3=120)

(4x30=120)

- 1. Write a note on the following:
a) Psychotic depression
b) Delusional disorder
c) Schizoaffective disorder
d) Depressive episode of bipolar disorder
- 2. Differentiate between the following:
a) Major depression and minor depression
b) Unipolar and bipolar depression
c) Endogenous and exogenous depression
d) Reactive and neurotic depression



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Third Basic B.Sc. Nursing Examination, Winter 2016 MENTAL HEALTH NURSING

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SECTION – A & SECTION – B

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7) Use a common answerbook for all Sections.

SECTION "A" (40 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- a) Legal rights of psychiatric patients.
- b) Levels of prevention of mental illness.
- c) Psychotherapy.
- d) Electroencephalogram.
- e) Therapeutic communication techniques.
- f) Complications of alcohol abuse.

2. Long answer question (any one out of two) :

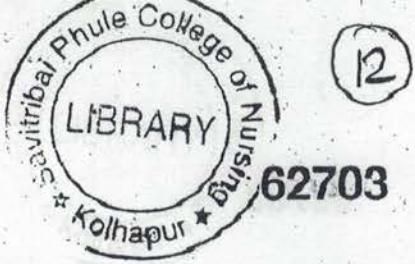
(1x15=15)

- a) Define psychiatric nursing. Enlist principles of psychiatric nursing. Explain any two principles with examples.
- b) Define schizophrenia. Enumerate types of schizophrenia. Write nursing management of a patient with catatonic schizophrenia.

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SECTION "B" (35 Marks)

3. Short answer question (any four out of five) : (4x5=20)
- a) Autism.
 - b) Behavior Therapy.
 - c) Etiological factors in Dementia.
 - d) Process recording.
 - e) Crisis Intervention.
4. Long answer question (any one out of two) : (1x15=15)
- a) Define depression. List clinical features of depression. Write nursing care plan of patient with suicidal behavior.
 - b) Define mental retardation. Explain degrees of mental retardation. Discuss the nursing management of a child with moderate mental retardation.



(Date: 30-08)

SECTION - B

Third Basic B.Sc. Nursing Examination, Summer 2016 MENTAL HEALTH NURSING

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Total Marks : 75

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SECTION - A

(40 Marks)

1. Short answer question (any five out of six) :
 - a) How will you assess for insight ? Write down the grades of insight.
 - b) Cognitive Behavior Therapy.
 - c) Causes of alcoholism.
 - d) Etiological factors for mental retardation.
 - e) Rights of patient in psychiatry.
 - f) Nursing management of patient with bipolar mood disorders.

Long answer question (any one out of two) : (1x15=15)

- a) Define mental health. List components of mental health and write indicators of mental health.
- b) Define phobia. List types and clinical features of phobia. Write any two priority nursing diagnosis for phobic patient.

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(35 Marks)

SECTION - B

3. Short answer question (any four out of five) (4x5=20)

a) Describe clinical features of depression.

b) Write note on crisis intervention.

c) Electro convulsive therapy.

d) Write role of a nurse in preventive psychiatry.

e) Management of catatonic stupor.

4. Long answer question (any one out of two). (1x15=15)

a) Define nurse patient relationship. Enumerate the conditions essential for development of therapeutic relationship. Describe management of patient with major depression.

b) Define the term personality. List the types of personality. Write the nursing care plan for paranoid personality disorder.

SECTION - A

(each 04)

(ex-22)

(x1=12)

(a) Define nurse patient relationship (any one out of two).

(b) Differentiate between primary prevention and secondary prevention of mental illness.

(c) Describe the principles of psychiatric nursing.

(d) Define psychopathology. Explain how it is related to mental health.

(e) List the various stages of grief.